

Food Allergy List

Bakery	Gluten-Free	Dairy-Free	Nut-Free	Vegan
Pita Bread	✗	✓	✓	✓
Cheese Bread	✗	✗	✓	✗
Zaatar Bread	✗	✓	✓	✓
Meat Bread	✗	✓	✗	✗
Gluten Free Bread	✓	✗	✓	✗
Cheese Pie	✗	✗	✓	✗
Meat Pie	✗	✓	✗	✗
Spinach Pie	✗	✓	✓	✓
Zaatar Pie	✗	✓	✓	✓
Shankleesh Pie	✗	✗	✓	✗
Safiha	✗	✓	✗	✗
Cheese Pizza	✗	✗	✓	✗
Shawarma Pizza	✗	✗	✓	✗
Dips				
Hummus	✓	✓	✓	✓
Jalapeno Hummus	✓	✓	✓	✓
Kishkeh-Labneh	✓	✗	✗	✗

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Dips	Gluten-Free	Dairy-Free	Nut-Free	Vegan
Mama Ganough	✓	✓	✗	✓
Muhammara	✗	✓	✗	✓
Spicy Hummus	✓	✓	✓	✓
BBQ Hummus	✓	✓	✓	✓
Zaatar Hummus	✓	✓	✓	✓
Avocado Hummus	✓	✓	✓	✓
Baba Ganough	✓	✗	✓	✗
Spicy Baba Ganough	✓	✗	✓	✗
Fadi's Hummus	✓	✓	✓	✓
Yogurt & Cucumber	✓	✗	✓	✗
Salads				
Lebanese Salad	✓	✓	✓	✓
Tabouli	✗	✓	✓	✓
Cabbage	✓	✓	✓	✓
Greek	✓	✗	✓	✗
Kale	✓	✓	✗	✓
Balsamic Grilled Veggies	✓	✓	✓	✓

Food Allergy List

Salads	Gluten-Free	Dairy-Free	Nut-Free	Vegan
Avocado Garbanzo	✓	✓	✓	✓
Beetroot	✓	✓	✓	✓
Red Quinoa	✓	✓	✓	✓
Zesty Quinoa	✓	✗	✓	✗
Pesto Pasta	✗	✗	✓	✗
Ceasar	✗	✗	✓	✗
Fruit Couscous	✗	✗	✗	✗
Broccoli	✓	✗	✓	✗
Roasted Beetroot	✓	✓	✓	✓
Lentil	✓	✓	✓	✓
Spaghetti	✗	✗	✓	✗
Pickled Mushroom	✓	✓	✓	✓
Black Bean	✓	✓	✓	✓
Salmon	✓	✓	✓	✗
Rosemary Potatoes	✓	✗	✓	✓
Brussel Sprouts	✓	✓	✗	✓
Butternut Squash	✓	✓	✗	✓

Food Allergy List

Salads	Gluten-Free	Dairy-Free	Nut-Free	Vegan
Bulgur	✗	✓	✓	✓
Chicken Curry Salad	✓	✓	✓	✗
Seafood Salad	✓	✓	✓	✗
Fadi's Chicken Salad	✓	✓	✗	✗
Eggplant Moussaka	✓	✓	✓	✓
Green Peas and cauliflower	✓	✗	✗	✗
Fadi's Salad	✓	✗	✗	✗
Capresse	✓	✗	✓	✗
Balsamic Mushroom	✓	✓	✓	✓
Balsamic Pasta	✗	✗	✓	✗
Vegetarian Grape Leaves	✓	✓	✓	✓
Hot Vegetables				
Coriander Potatoes	✓	✓	✓	✓
Pomegranate Eggplant	✓	✓	✓	✓
Mozzarella Spinach	✓	✗	✓	✗
Garlic Mixed Veggies	✓	✓	✓	✓
Mashed Potatoes Ball	✗	✗	✓	✗

Food Allergy List

Hot Vegetables

Gluten-Free

Dairy-Free

Nut-Free

Vegan

Green Beans



Fried Cauliflower



Rice

Basmati Rice



Vermicelli Rice



Kabseh Rice



Lentil Rice



Dill Rice



Koshari Rice



Vegetarian Rice



Cook Meat

Chicken Beryani



Stuffed Squash



Cabbage Rolls



Italian Chicken Parmesan



Curry Chicken



Fish (Marinated)



Food Allergy List

Cook Meat	Gluten-Free	Dairy-Free	Nut-Free	Vegan
Fish-Zahlawi	✓	✓	✓	✗
Fish in Green Curry	✓	✗	✓	✗
Fish in Tahini Sauce	✓	✓	✓	✗
Salmon in Lemon Butter sauce	✗	✗	✓	✗
Salmon (Marinated)	✓	✓	✓	✗
Meat Grapeleaves	✓	✓	✓	✗
Chicken Couscous	✗	✓	✓	✗
Lebanese Meatloaf	✓	✓	✓	✗
Angel Hair Shrimp Pasta	✗	✗	✓	✗
Chicken Musakhan	✗	✓	✓	✗
Beef Spaghetti	✗	✗	✓	✗
Chicken Parmesan	✓	✗	✓	✗
Chicken Sambousa	✗	✓	✓	✗
Beef Sambousa	✗	✓	✓	✗
Cheese Samboussa	✗	✗	✓	✗
Vegetarian Samboussa	✗	✓	✓	✓
Lamb Shank	✓	✓	✓	✗

Food Allergy List

Cook Meat

Gluten-Free

Dairy-Free

Nut-Free

Vegan

Lamb Shank Sauce

✗

✗

✓

✗

Lamb Shank Ozzo Bocco

✓

✓

✓

✗

Chicken Tajine

✓

✓

✓

✗

Roast Beef

✓

✗

✓

✗

Daoud Bash

✓

✓

✗

✗

Lasagna

✗

✗

✓

✗

Chicken Tikka Masala

✓

✗

✓

✗

Grill

Beef Filet Kabob

✓

✓

✓

✗

Beef Shawerma

✓

✗

✓

✗

Chicken Adana

✓

✓

✓

✗

Chicken Kabob

✓

✗

✓

✗

Chicken Shawerma

✓

✗

✓

✗

Salmon Kabob

✓

✓

✓

✗

Shrimp Kabob

✓

✓

✓

✗

Beef Kafta

✓

✓

✓

✗

Turkish Lamb Kafta

✓

✓

✓

✗

Food Allergy List

Grill	Gluten-Free	Dairy-Free	Nut-Free	Vegan
Rotisserie Chicken	✓	✓	✓	✗
Chicken Tenders	✗	✗	✓	✗
Iskander Kabob	✗	✗	✓	✗
Gyro	✗	✓	✓	✗
Kibbie	✗	✓	✗	✗
Lamb Chops	✓	✓	✓	✗
Lamb Kabob	✓	✓	✓	✗
Falafel	✓	✓	✓	✓
Ciabbatta Shawarma	✗	✗	✓	✗
Ciabbatta Falafel	✗	✗	✓	✗
Fried Mac & Cheese	✗	✗	✓	✗
Mom's Special				
Ouzi	✓	✓	✗	✗
Sayadiah	✓	✓	✗	✗
Koussa and Grape Leaves	✓	✓	✓	✗
Moghrabiya	✗	✓	✓	✗
Vegetarian Koussa and Eggplant	✓	✓	✓	✓

Food Allergy List

Mom's Special

Gluten-Free

Dairy-Free

Nut-Free

Vegan

Okra w Meat



Mansaf



Kibbie Yogurt



Mulukhia



Cabbage Rolls



Desserts

Rice Pudding



Almond Pudding



Flan



Tres Leches



Triple Chocolate Cake



N.Y Cheese Cake



GF Chocolate Torte



Lemon Berry Cake



Katayif Cheese



Katayif Walnut



Madlouka



Food Allergy List

Desserts

Gluten-Free

Dairy-Free

Nut-Free

Vegan

Baklava

✗

✓

✗

✓

Sauces

Tahini

✓

✓

✓

✓

Tzatziki

✓

✗

✓

✗

Zaatar

✓

✓

✓

✓

Garlic Sauce

✓

✗

✓

✗

Hot

✓

✓

✓

✓

Soups

Lentil Soup

✓

✓

✓

✓

Mushroom Soup

✓

✗

✓

✗